登山届

Mountaineering Notification

# 日付 Date

<Example> Aug. 1, 2020 ~ Aug. 3, 2020

# 行先 Destination

<Example> Mt.Okuhotaka

# 登山者 Members

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 氏名  Name | 国籍  Nation | 住所  Address | 年齢  Age | 性別  Sex | 緊急時連絡先  Emergency Contact |
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# 行程 Schedule

<Example>

Aug. 1

Kamikochi Bus Terminal -> Yokoo -> Karasawa Camp Site

Aug. 2

Karasawa Camp Site-> Mt.Okuhotaka -> Karasawa Camp Site

Aug. 3

Karasawa Camp Site -> Yokoo -> Kamikochi Bus Terminal

# 装備 Equipment

<Example>

Tent, Rain Coat, Down Jacket, Sleeping Bag, Mobile Phone(012-345-6789), Food(For 3 Days), Water Bag(5L), Helmet.